

Mesha Hart Meek
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About Me

I began skating in 1994 at the age of 8. Prior to skating I studied dance under the tutelage of Yvonne Williams, a principle dancer with the Pittsburg Ballet, and I successfully competed in gymnastics, winning the North Florida All-around title. When the rink opened in 94' I took to the ice swiftly and within 4 years I became Jacksonville's first figure skater to win a Regional Medal, qualify for the Eastern Sectional Championships (3 times) and was a US National Team Alternate. I was also fortunate to have Mr. Don Laws and Lyndon Johnston, both renowned coaches as intermittent advisors to my mother and coach Marcia Hart.

Coaching History

- Began coaching in 2001
- PSA rated with 15+ years experience as a Coach & Choreographer
- Primary & Secondary Coach, South Atlantic Regional competitors and medalists.